

Notice for Expecting Mothers

Important Reminders

- ➔ You have 30 days to add your newborn (from their date of birth) through your HR department.
- ➔ Circumcision is not a preventative service. If the procedure is done within four weeks of birth, prior authorization is not required.
- ➔ We are excited to announce our new MotivHealth Doula program. More below.

Preventive Services

We cover breastfeeding (lactation) comprehensive support and counseling from trained providers. We also provide access to breastfeeding supplies. Two lactation support and counseling visits are allowed per pregnancy.

Breast Pumps

We will cover breast pumps for members who are currently pregnant and due to give birth. We allow one breast feeding pump per pregnancy.

For more information about breast pumps, call MotivHealth at **844-234-4472**.

Laboratory Tests

These are specific to pregnant women. To determine which additional non-obstetrical services may be considered preventive, please refer to the Adult or Pediatric Preventive Services lists.

- Iron Deficiency Anemia Screening
- Diabetes Screening
- Urine Study to Detect Asymptomatic Bacteriuria (first prenatal visit or at 12 - 16 weeks gestation)
- Rubella Screening
- Rh(D) Incompatibility Screening
- Hepatitis B Infection Screening (at first prenatal visit)
- Gonorrhea Screening
- Chlamydia Screening
- Syphilis Screening

MotivHealth Doula Program

Experience a smoother pregnancy, birth, and postpartum with a birth doula.

Partnering with a doula allows for shorter labors, fewer interventions, enhanced satisfaction and bonding, and reduced postpartum stress.

Learn more at [MotivHealth.com/doula](https://www.motivhealth.com/doula).

